

**Faculty of Education**  
**Policy on HOURS OF INSTRUCTION**  
***10 minutes break per hour of class***

In the B.Ed. program, 10 minutes of break time is allowed per hour of class:

1 hour classes end after **50 minutes** of instructional time  
(allowing 10 minutes for a break before the next class)

2 hour classes end after **100** minutes of instructional time  
(allowing 20 minutes for a break before the next class)

Teacher Candidates sometimes have full, long days with back-to-back classes. They need breaks.

**They must be free to leave your class 20 minutes before the end of the two-hour block.**

This means that exit tickets and other end-of-class activities—clean-up, storage of materials, take-down of equipment, etc.—must be completed before the end of the 100 minutes of instructional time.