Counselling Psychology

The MA in Counselling Psychology is a scientist-practitioner, onsite, full-time degree that prepares graduates to work as professional counsellors in community agencies and public institutions serving a diverse range of clientele.

Counselling faculty draw from different theoretical orientations to expose students to current thinking in feminist-informed, cognitive-behavioral and practices with individuals, families and communities. The program and faculty are committed to developing practitioners and researchers who possess high standards of personal awareness, a thorough knowledge of current evidence-based theory and practice, an understanding of evaluation strategies and research methodologies, and a firm commitment to ethical practice, which are all qualities necessary in holding the public’s trust.

This program is accredited by the College of Registered Psychotherapists of Ontario (CRPO).
Why Western Education’s MA?

This two-year, onsite program is designed for those wishing to:

- learn from expert faculty doing leading-edge research
- develop personal awareness, knowledge of practice, evaluation and research skills and ethical sensitivities
- gain practical experience as a professional counsellor
- become a professional counsellor

Work with respected faculty and practicing professional counsellors

Become a producer and consumer of research and understand how it is implemented in practice.

Build expertise in important areas of professional counselling and the latest research strategies

Develop the breadth and depth of knowledge to act confidently in professional settings and conduct and apply research in your area of interest.

Write a proposal, design and run a study and draw meaningful conclusions that make a difference during your thesis project

Apply your new skills and bridge theory, research and practice by completing an in-depth thesis project.

Admission Requirements

- A four-year Honours degree (20 full courses or equivalent), with a major in psychology, from an accredited university
- An undergraduate honours thesis
- Minimum “B” standing (70%) or equivalent in the final two years of study
- Minimum one year or equivalent paid and/or volunteer experience in the helping professions (see note for more information)
- Recommended: Courses/background in research statistical methods
- Admission to this program is competitive. As such, admission requirements represent minimum standards only

Notes & Exceptions:

With regard to work experience, the Admissions Committee will add time in positions together to make up the equivalent of one year (see more online).

When considering whether or not an applicant’s helping experiences qualifies them for consideration, the admissions committee will examine both the role of the helper and the conditions under which a person is seeking help (see more online).

Decisions for the Counselling Psychology program are based on application materials and a personal interview. Approximately 24 candidates are selected for personal interviews based on their application. Interviews are held in March.

Learn More

Interested applicants are encouraged to learn more by visiting our program website, calling the program office or emailing questions to the address below. We look forward to hearing from you.