

MARCH 27, 2026

# EGSA Newsletter



As we welcome the arrival of spring, we hope the new season brings renewed energy and momentum to your studies and activities.

We would like to extend our sincere thanks to all the speakers, presenters, participants, and volunteers who have contributed to EGSA events over the past month. Your engagement has helped foster a supportive and vibrant graduate student community.

## **SPRING SOCIAL**

We are also excited to invite you to our upcoming Spring Social! Join us on April 10 at 6pm at Fleetway for an opportunity to connect with fellow graduate students. Read on for more details. Register [here](#) by April 3 to help us finalize the event.

## Newsletter Highlights

Spring Social

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Mentorship Program

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Upcoming Powwows

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Indigenous Resources

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Writing Commons

# EGSA SPRING Social

**FRIDAY | APRIL 10, 2026 | 6PM (ET)**

**FLEETWAY, 720 PROUDFOOT LN, LONDON, ON N6H 5G5**

## **EGSA WILL COVER:**

- **1-HOUR BOWLING**
- **SHOE RENTAL**
- **1 DQ MINI BLIZZARD (OR EQUIVALENT)**



RSVP before **April 3** to help us finalise event details

MARCH 27, 2026

# MENTORSHIP CORNER

Making the Most of Peer Support



*The EGSA Mentorship Program connects new graduate students with experienced upper-year mentors who share insights, answer questions, and help mentees navigate graduate life. These mentor–mentee connections foster peer support, helping students build confidence and feel more connected within the graduate community.*

## **Ask a Mentor**

**Q:** *What should I do if I feel overwhelmed in my first semester?*

**A:** *Many students feel this way at the beginning. It can help to speak with your supervisor, connect with peers, and organize your workload into manageable steps. Mentors can also share strategies that help mentees adjust to their first year of graduate studies.*

*Join the EGSA Mentorship Program as a Mentor or Mantee by scanning the QR code or using the link: [signup](#)*



## **GET INVOLVED & SHARE YOUR VOICE!**

We welcome contributions from graduate students for upcoming issues of the newsletter.

You are invited to share:

- Academic or personal milestones
- Cultural food recipes
- Exciting news, celebrations, or accomplishments

Your stories help strengthen our community and highlight the diverse experiences within EGSA. Submit your content to [egsa@uwo.ca](mailto:egsa@uwo.ca).

Next deadline:

April 17, 2026

MARCH 27, 2026

## UPCOMING POWWOWS

On March 28th, 2026, AtlohSA Family Healing Services invites you to join us for an unforgettable celebration of culture and community as we greet the return of Spring.

Dance Specials — All Categories  
March 28th, 2026  
London, Ontario (Venue TBD)



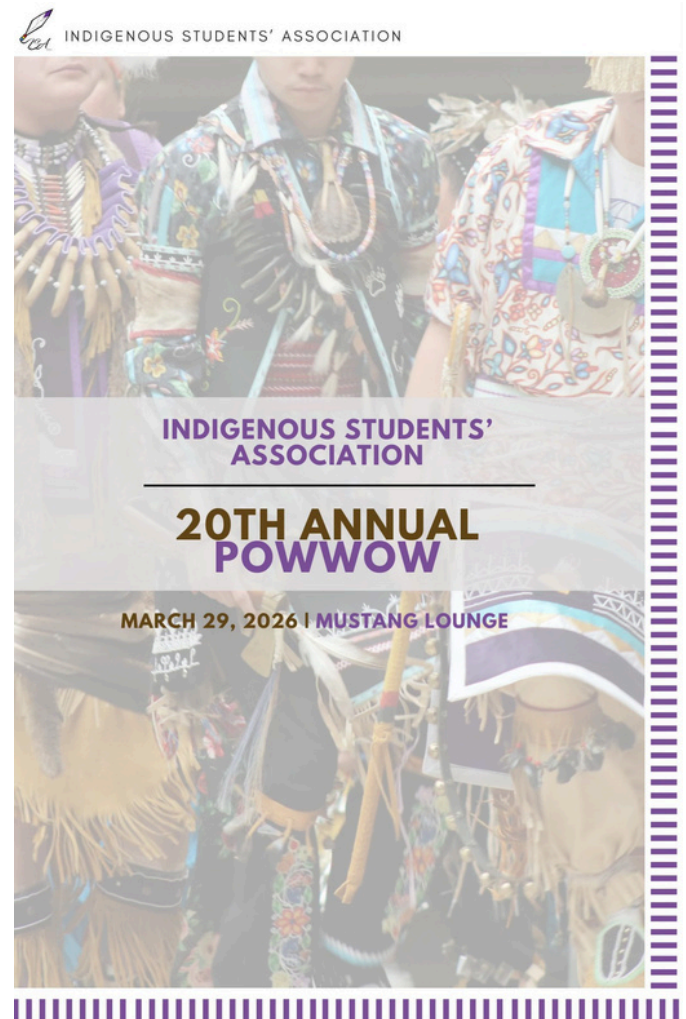
The Indigenous Students' Association at Western University is excited to invite you to our 20th Annual Powwow!

Sunday, March 29th, 2026

Join us in celebrating two decades of community, culture, and connection. There will be food and craft vendors, dancing, drumming, and more!

More details to come!

If you have any questions, please reach out to us at [indigenoustudent.club@westernusc.ca](mailto:indigenoustudent.club@westernusc.ca)



# INDIGENOUS RESOURCES

## EXTERNAL RESOURCES

Here are some upcoming Indigenous events at [Atlohsa Family Healing Services](#), shared by our Indigenous Student Representative Cheyenne Richards-Anthony.

### ATLOHSA'S MEN'S DRUM GROUP

Our gatherings celebrate our identities as Indigenous people, honour our ancestors, and strengthen our community through the power of song. Join us!

Every Thursday from 5:00 p.m. up to 8:00 p.m. (staying the entire time is not required)

Location changed to Wiigiwaaminaan Lodge (550 Wellington Road, Building/Zone J)

Light refreshments provided. No need to register; just come ready to share and learn songs.

### MEDICINE WHEEL

This is a safe and supportive space to heal from and discuss addictions and recovery.

What to expect:

Sharing Circles

Music

Smudging

Every Monday from 5:30 p.m. to 7:00 p.m.

Atlohsa's Head Office - Elders' Lounge

343 Richmond Street (London, Ontario)

Questions? Contact Stacey at:

[spuyenbroek@atlohsa.com](mailto:spuyenbroek@atlohsa.com)

226-919-4679

### ATLOHSA CRAFT FRIDAY

What to expect:

Crafting

Music

Socializing with community

Food / refreshments

Friday, 11:00 a.m. to 2:30 p.m.

Atlohsa's Head Office - Elders' Lounge

343 Richmond Street (London, Ontario)

Questions? Send us a message or email [communications@atlohsa.com](mailto:communications@atlohsa.com)!

## CULTURE NIGHTS AT THE WAMPUM LEARNING LODGE

[https://wampumlearninglodge.uwo.ca/programs\\_and\\_events/culturenight.html](https://wampumlearninglodge.uwo.ca/programs_and_events/culturenight.html)

Bi-weekly on Wednesday evenings, the Wampum Learning Lodge opens our doors to bring both our Western and local communities together for three different cultural programs for crafting, fitness, and drumming!

These events are open to students as well as any local community members who wish to attend, not only those currently affiliated with Western University. See full program descriptions and dates below. Please note that the Craft Circle and Drum Practice are designated spaces for Indigenous people, while the Fitness Class is open to everyone to engage with.

# Culture Nights at the Wampum Learning Lodge



## Winter Semester Dates

January 21	February 18	March 18	April 15
February 4	March 4	April 1	April 29

**Dinner included for attendees!**

## Indigenous Community Crafting Circle

4:30 p.m. - 7:30 p.m.

Audience: Indigenous Students and Indigenous community members

The Indigenous Community Crafting Circle invites all interested Indigenous artists, creators, and learners to visit & create together in a community setting. Bring your current project or start something new with the art supplies we provide at the WLL.



## Pow Wow Fitness Class

6 p.m. - 7 p.m.

Audience: Everyone (Indigenous & non-Indigenous)

Hosted by Lisa Hill from Moccasin Flow, we move our bodies and spirits, marching to the beat of the Big Drum, incorporating steps and Zumba moves to get the energy flowing!

This fitness class is open to ALL, so bring your friends!

## Young Men's Pow Wow Singing Practice

6 p.m. - 8 p.m.

Audience: Young Indigenous men (Students and Community Members)

Hosted by Ray Deleary, this program is for young Indigenous men interested in learning how to sing and drum competition pow wow style with a focus on developing technical skills. Participants will be guided on proper form, drum beat, rhythm, vocal range, tone, technical components of a song and learning song types and purposes.

No experience is necessary!

**Please contact us with any questions: [wampumlearninglodge@uwo.ca](mailto:wampumlearninglodge@uwo.ca)**





# Need help with...

**Interpreting  
feedback?**

**Understanding  
genres?**

**Generating and  
organizing ideas?**

**Developing  
papers?**

**Then book an appointment with**

# Writing Commons!

It's a space where graduate students in education can receive free writing support from PhD students.

## How to book an appointment:

**Email Haiyi Yan at [hyan248@uwo.ca](mailto:hyan248@uwo.ca) or Kelly Wang at [ewang54@uwo.ca](mailto:ewang54@uwo.ca) to book a 25 or 50-minute appointment.**

Office hours are as follows until Fri. Apr. 17th, 2026:

- Mondays: 2pm-4pm with Kelly
- Tuesdays: 10am-12pm & 2-4pm with Haiyi
- Wednesdays: 2pm-4pm with Kelly

Please schedule your appointment at least 48 hours in advance.

Writing Commons is a program run by the Interdisciplinary Centre for Research in Curriculum (ICRC).



**Western**

Interdisciplinary Centre for Research  
in Curriculum as a Social Practice

