KEEP YOUR EYES ON THE...

THETEACHERCANDIDATE.COM

New Student Checklist

Information about...

- Communications
- Tuition
- Proof of Identity
- Housing & Parking
- Police Check/Vulnerable Sector Screening
- Health & Safety Training
- Western ONECard
- Orientation
- Academic Calendar
- Practicum

Click the links for more information

New Student Updates

Practice Board Requirements

Job Opportunities

Education Students' Council

and much more...
TLDR (too long, didn’t read):

- **ELEMENTARY** K-8 students will be **in-person delivery 5 days a week**, with an option for parents to opt-out of in-person delivery with remote learning available
  - K-8 will have cohort classes, recess and lunch time
  - specialized teachers (ex: French) will still be able to rotate from class to class
- **SECONDARY** 9-12 students will have class cohorts with alternating schedules to create **at least 50% of in-class instructional days** in designated school boards, other boards will have conventional in-person instruction
- grades 4-12 are required to wear **masks** and K-3 are encouraged to in all indoor spaces
- **school staff** will be provided with PPE (masks and/or face shields) and cleaning products
- **most** schools will be **open on September 8, 2020**
- staff and students must **self-screen every day** before attending school and parents will be provided with a checklist to use
- **hand hygiene** is the most important protective strategy
- **special education** - families and the school board will be working together to create a safe return to school for medically fragile students, school boards are advised to make changes and update IEPs and to ensure assistive technology access

GO TO THE ARTICLE FOR MORE INFO ON SPECIFIC INFORMATION (music, physical education, academics, technological education, field trips, busses, etc...)
Handwashing Tips for Kids from CBC.ca

1. **Soak ‘Em!** Get those hands wet!
2. **Coat Them Like a Glove!** Use enough soap to totally cover them.
3. **Mwahahahaha!** Rub palm to palm! Like a supervillain!
4. **Locked & Loaded!** Rub back of hand and between fingers. Switch & repeat!
5. **Now Interlace Fingers Palm to Palm, Wiggle About!**
6. **Make Two Fists and Interlock Fingers.**
7. **Grip and Twist!** Make a fist around your opposite hand’s thumb and wiggle in a circle. Switch & repeat.
8. **Pretend to Pet a Little Friend in One Palm in a Circle, Backwards and Forwards, With the Fingers of Your Other Hand. Switch & Repeat.**
9. **Splishy, Splishy!** Time to rinse!
10. **Super Dry!** Use paper towel to dry those hands.
11. **Turn Off the Faucet With the Same Paper Towel.**
12. **Ta-Da!** You have the cleanest hands in all the land!

Adapted from the World Health Organization’s guidelines for proper handwashing.
She is working hard to organize placements for everyone, and trying to accommodate whenever possible.

- It takes a lot of organization and communication with different school boards to make this happen for us every semester, but now with the added stress of these unprecedented times.

- For many of us, the placements are the best part of our teacher candidate journey and we can not imagine how difficult it is to coordinate right now.

We appreciate all the hard work you do for us and are so thankful for someone like you to help us along our BEd journey!

Submit your requests to escargotnewsletter.esc@gmail.com for the next MVP and tell me why you think they should be MVP!
Tips to help children reduce stresses around COVID-19

- Open up the dialogue around the pandemic and talk about what they know or what they want to know.
- Teach kids how to properly wash their hands and explain why it is important to not touch their face.
- Help them express their worries in a safe environment.
- Teach kids strategies to reduce stress, simple things like calm breathing and how to feel stress in the body can be effective and empowering for children to fix things on their own terms.
- Depending on the age, explain the situation in their terms - just don't underestimate their vocabulary. Kids know more than you think!
- Distinguish between helpful worries vs. unhelpful worries.
- Realize that you as a parent, guardian, or teacher may be feeling very anxious and it is important to relieve this stress in order to teach your kids or class about managing anxiety. Sharing your experiences can also be relatable and beneficial for children to understand they are not alone.

"Talking to Kids about COVID-19" from Anxiety Canada

FREE downloadable resources from Anxiety Canada to help lower children's anxiety.
JOURNAL PROMPTS FOR KIDS

- What was the happiest day of your life and why?
- If you could do anything tomorrow, what would it be?
- What do you love about your family?
- What’s your favourite school subject and why?
- If you could invent something, what would it be?
- Why is the sky blue?
- Who is your favourite person to spend time with and why?
- Who is your dream person to have dinner with and why?

THE QUESTIONS CAN BE CREATED BY YOU, AS THE TEACHER, OR THE STUDENTS CAN BRAINSTORM QUESTIONS TO WRITE ABOUT

The goal is to create time in your day for your students to practice creative thinking, gratitude, positive mental health and writing skills.

Especially during these times with lots of stress, kids may have higher levels of anxiety from their peers, families, and the news.

Create a writing opportunity is important for your students mental health and an assessment opportunity to see growth in their writing skills, no matter the age of your students.
What positions are available?

- The executive positions for FALL that will become available are:
  - Vice President Finance
  - Vice President Student Events
  - Vice President External Affairs
  - First Year Representative
- The other general member positions are:
  - French Program Representative
  - OSSTF Representative (Year 1 member)
  - OECTA Representative (Year 1 member)
  - ETFO Representative (Year 1 member)
  - The Speaker of Council
  - Wellness and Safety Commissioner
  - Professional Development Coordinator
  - Social Events Commissioner
  - Administrative Director
  - Diversity and Inclusion Commissioner

Can I be involved in the committee even if I don’t have an elected position?
- Yes! There are positions that you can apply for that do not require being elected. In addition, non-council members are able to sit in on council meetings.

Is everything in the BEd program explained adequately? I am worried I am going to miss an important date/other information.
- There is a LOT to remember in the BEd program and sometimes it can be overwhelming. I recommend ensuring you are subscribed to The Teacher Candidate blog and are following all ESC socials. In addition, it is helpful to have a planner or some form of organizer that you can keep track of all dates!

What events do you do and how will it be done with everything going online?
- In previous years, ESC has organized a variety of events from socials to dodgeball tournaments to the Year 2 grad formal! This year will be new for all of us and we will have to be creative. Stay tuned for upcoming online events by ensuring you are following all of our socials.
Will there be some virtual socials to meet people? Will there be any in person physically distanced events in London for those we are living there? What are the opportunities to be apart of the ESC when in Year 1? Are there any faculty based clubs that we can join?

- Unfortunately at this time we are not allowed to host physically distanced events in London as we have to abide by the University rules and want to ensure that all students stay safe. This year we are trying our best to incorporate virtual initiatives where students can meet each other, for example the Peer Mentorship Program is a new initiative this year where Year 1’s can meet other teacher candidates and network. The ESC does not have any faculty based clubs, however, there are many general member and executive positions. Additionally the University Students’ Council has over 200 clubs that you can join. You can find more information here https://westernusc.ca/clubs/

How do I join the ESC? What is the time commitment? Will the meetings be virtual this year? Can we get involved in 2nd year if we don't get involved in 1st year? Will there still be events in COVID times?

- You can join by filling the digital form/application that we will send out to all Year 1’s for positions on the ESC in September 2020. You can find more information about the structure at this link - https://theteachercandidate.files.wordpress.com/2020/02/updated-esc-constitution-feb2020.pdf The time commitment varies by position, you can expect to put in a minimum of 4 hours a week depending on the position. All meetings will be virtual for the 2020/2021 school year. You can definitely get involved in your second year if you choose not to get involved in your first year. We will not be hosting in person events during this time due to health and safety reasons.

How are you going to help advocate for us this year with COVID-19? (Placements, fees, etc.)

- The ESC works with the Faculty of Education, The University Students’ Council and The Ontario Teacher Candidates’ Council to advocate on behalf of Education Students. The ESC aims to improve academic, social, and professional development of all Teacher Candidates at the Faculty of Education & to enhance and support the student experience and well-being throughout the two year Bachelor of Education program at Western University. If you have any concerns or suggestions please feel free to email any of the council executives.
What are some acronyms that I'll often see in the Education program?

- **TC** - Teacher Candidate
- **OCT** - Ontario Certified Teacher
- **AT** - Associate Teacher
- **STEM** - Science, Technology, Engineering, Math
- **ECE** - Early Childhood Education (or Educator)
- **LMS** - Learning Management System
- **IEP** - Individual Education Plan
- **UDL** - Universal Design for Learning
- **AFE** = Alternative Field Experience
  - In year 2 of the BEd you'll complete two AFE blocks. These are separate from Practicum and an opportunity to experience alternative education settings
- **AQ** = Additional Qualifications
  - Professional development courses that can be taken by certified teachers to expand their teaching license
- **I/S** = Intermediate/Senior BEd stream preparing graduates to teach Grades 7 to 12.
- **J/I** = Junior/Intermediate BEd stream preparing graduates to teach Grades 4 to 10.
- **MTM** = Master Teacher Mentors
  - Within EDUC 5013, teacher candidates will be paired with an MTM who will support their progress through the BEd
- **OCT** = Ontario College of Teachers
  - The professional body that licenses, governs and regulates all teachers working in Ontario publicly funded schools
- **OTF** = Ontario Teachers’ Federation
  - Representing all teachers in Ontario’s publicly funded schools
- **P/J** = Primary/Junior = BEd stream preparing graduates to teach Kindergarten to Grade 6.
- **PPR** = Professional Practice Record
  - Each teacher candidate will build an online PPR documenting and reflecting on their learning
- **T2P** = Transition to Professional Practice
  - A professional development series housed within EDUC 5008
- **WCCR** = Western’s Co-Curricular Record = A tool that allows teacher candidates to track their workshops and training
Follow the ESC Socials to stay up to date!

Facebook: https://www.facebook.com/westernu.esc
Twitter: https://twitter.com/westernuesc
Instagram: https://www.instagram.com/westernuesc/

Good luck in September!!